

	Clothing	Food	Shelter
Materials ( <i>tai</i> 体)	<p>Robes made from cast-off material to which no one has any attachment</p> <p>Natural fibers and dyes</p>	<p>正命食 <i>shomyojiki</i>: “right livelihood food” 邪命食 <i>jamyojiki</i>: “wrong livelihood food”</p> <p>May be locally produced</p>	<p>Unpretentious, fit for purpose, often local</p> <p>May be recycled or reused</p>
Color ( <i>shiki</i> 色)	<p>Robes of broken color (<i>ejiki</i> 壊色): not primary, black or white</p>	<p><b>Five colors:</b> red, white, black, green/blue, yellow <b>Six tastes:</b> sweet, sour, bitter, salty, mild, spicy</p>	<p>Unassuming, not distracting</p>
Amount or size ( <i>ryo</i> 量)	<p>Robe size is just right for the particular wearer— neither so large that fabric is wasted nor too small to cover the body</p> <p>Monks owned only three robes</p>	<p>Using up leftovers, minimizing waste, creating compost</p> <p>Refraining from overeating</p>	<p>Space follows function and function follows space</p>